

Notes										
London King's Cross		05.55	06.15	06.33	07.00	07.03
Stevenage		06.17	06.38	06.55
Peterborough	Arr	06.46	07.07	07.24	07.46	07.49
Peterborough	Dep	06.48	07.08	07.26	07.48	07.51
Grantham		07.07	07.28	07.45
Newark North Gate		07.19	07.41
Lincoln	
Retford		07.34	07.57
Doncaster	Arr	07.48	08.11	08.17	08.42
Doncaster	Dep	..	06.10	07.49	08.12	08.18	..	08.43
Wakefield Westgate		08.08	08.36	09.01
Leeds	Arr	08.23	..	08.52	..	09.16
Leeds	Dep	07.08
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth	
Harrogate	
Selby	
Brough	
Hull	
York	Arr	06.30	07.31	08.33	08.52
York	Dep	..	06.35	07.35	08.35	..	08.55	..
Northallerton		06.55	08.55
Thornaby	
Middlesbrough	
Darlington	Arr	..	07.07	08.03	09.08	..	09.22	..
Darlington	Dep	07.09	08.05	09.09	09.24
Durham		..	07.27	08.22	09.27
Newcastle	Arr	07.40	08.35	09.40	09.51
Newcastle	Dep	06.22	07.42	08.47	08.56	..	09.47	..	09.54	..
Sunderland	
Morpeth		06.37	..	09.01
Alnmouth		06.53	08.09
Berwick-upon-Tweed		07.16	08.32	09.34	09.40	10.38	..
Dunbar		07.43	08.56	09.57
Edinburgh	Arr	08.07	09.22	10.20	10.31	..	11.12	..	11.22	..
Edinburgh	Dep	10.28
Haymarket		10.33
Motherwell	
Glasgow Central	
Inverkeithing		10.48
Kirkcaldy		11.05
Leuchars		11.30
Dundee		11.46
Arbroath		12.03
Montrose		12.19
Stonehaven		12.43
Aberdeen		13.02
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		07.06	07.30	07.33	08.00	08.03	08.06	08.30	08.33	09.00
Stevenage		07.28	..	07.56	08.56	..
Peterborough	Arr	07.57	08.16	08.49	08.53	09.16	09.46
Peterborough	Dep	07.59	08.18	08.51	08.54	09.18	..	09.48
Grantham		08.18	08.42	09.16	09.41
Newark North Gate		08.32	08.46	09.29	09.46
Lincoln		09.54
Retford		08.47
Doncaster	Arr	09.01	09.09	09.13	09.40	10.08	10.13
Doncaster	Dep	09.03	09.11	09.15	..	09.43	..	10.10	10.15	..
Wakefield Westgate		09.32	10.01	10.32
Leeds	Arr	09.45	..	10.16	10.47	..
Leeds	Dep	09.53
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth		10s01
Harrogate		10.24
Selby	
Brough	
Hull	
York	Arr	09.30	09.32	09.48	10.31	10.51
York	Dep	..	09.35	..	09.54	10.35	..	10.54
Northallerton		10.55
Thornaby	
Middlesbrough	
Darlington	Arr	..	10.04	..	10.22	11.06	..	11.22
Darlington	Dep	10.07	10.23	11.09	11.23
Durham		..	10.25	11.27
Newcastle	Arr	10.39	10.50	11.40	11.50
Newcastle	Dep	..	10.42	..	10.52	11.44	..	11.52
Sunderland	
Morpeth	
Alnmouth		11.08
Berwick-upon-Tweed		11.36	12.36
Dunbar	
Edinburgh	Arr	..	12.11	..	12.20	13.12	..	13.20
Edinburgh	Dep
Haymarket	
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		09.03	09.06	09.30	09.33	10.00	10.03	10.06	10.30	10.33
Stevenage		..	09.28	..	09.56	10.28	..	10.56
Peterborough	Arr	09.49	09.57	10.16	10.50	10.57	11.16
Peterborough	Dep	09.52	09.59	10.18	10.52	11.01	11.18	..
Grantham		10.20	10.42	11.21	11.41
Newark North Gate		..	10.33	10.46	11.36	11.46	..
Lincoln		12.02
Retford		..	10.49
Doncaster	Arr	10.40	11.03	11.08	11.13	11.40	12.08	12.13
Doncaster	Dep	10.43	11.05	11.10	11.15	..	11.43	..	12.11	12.15
Wakefield Westgate		11.01	11.32	12.01	12.32
Leeds	Arr	11.16	11.46	..	12.16	12.48
Leeds	Dep	11.53
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth		12s01
Harrogate		12.24
Selby	
Brough	
Hull	
York	Arr	11.30	11.32	11.53	12.31
York	Dep	11.35	..	11.56	12.35	..
Northallerton		12.55
Thornaby	
Middlesbrough	
Darlington	Arr	12.04	..	12.23	13.07	..
Darlington	Dep	12.06	12.25	13.09
Durham		12.23	13.27	..
Newcastle	Arr	12.36	12.52	13.39
Newcastle	Dep	12.40	..	12.54	13.43	..
Sunderland	
Morpeth		12.54
Alnmouth		13.09
Berwick-upon-Tweed		13.39
Dunbar	
Edinburgh	Arr	14.10	..	14.21	15.16	..
Edinburgh	Dep	14.28
Haymarket		14.34
Motherwell	
Glasgow Central	
Inverkeithing		14.51
Kirkcaldy		15.08
Leuchars		15.32
Dundee		15.50
Arbroath		16.07
Montrose		16.22
Stonehaven		16.46
Aberdeen		17.06
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		11.00	11.03	11.06	11.30	11.33	12.00	12.03	12.06	12.30
Stevenage		11.28	..	11.56	12.28	..
Peterborough	Arr	11.49	11.57	12.16	12.50	12.58	13.16
Peterborough	Dep	..	11.52	11.59	12.18	12.52	13.01	13.18
Grantham		12.19	12.42	13.21
Newark North Gate		12.32	12.46	13.36	13.46
Lincoln		14.02
Retford		12.48
Doncaster	Arr	12.40	13.03	13.09	13.13	13.40	14.09
Doncaster	Dep	..	12.43	13.05	13.11	13.15	..	13.43	..	14.11
Wakefield Westgate		13.01	13.33	14.01
Leeds	Arr	..	13.16	13.46	..	14.16
Leeds	Dep	13.53
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth		14s01
Harrogate		14.24
Selby	
Brough	
Hull	
York	Arr	12.52	13.30	13.32	13.49	14.32
York	Dep	12.55	13.35	..	13.55	14.35
Northallerton		14.55
Thornaby	
Middlesbrough	
Darlington	Arr	13.23	14.07	..	14.22	15.07
Darlington	Dep	13.24	14.08	14.24	15.09
Durham		14.26	15.27
Newcastle	Arr	13.52	14.40	14.50	15.40
Newcastle	Dep	13.54	14.43	..	14.55	15.45
Sunderland	
Morpeth	
Alnmouth		15.10
Berwick-upon-Tweed		14.39	15.40
Dunbar	
Edinburgh	Arr	15.22	16.15	..	16.22	17.14
Edinburgh	Dep	16.33
Haymarket		16.38
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston		17.03
Stirling		17.18
Gleneagles		17.36
Perth		17.56
Pitlochry		18.26
Kingussie		19.13
Aviemore		19.30
Inverness		20.07

Notes										
London King's Cross		12.33	13.00	13.03	13.06	13.30	13.33	14.00	14.03	14.06
Stevenage		12.56	13.28	..	13.55	14.28
Peterborough	Arr	13.46	13.49	13.59	14.17	14.50	14.57
Peterborough	Dep	..	13.48	13.52	14.00	14.18	14.51	14.59
Grantham		13.41	14.21	14.42	15.19
Newark North Gate		14.34	14.46	15.34
Lincoln		16.01
Retford		14.50
Doncaster	Arr	14.13	14.39	15.04	15.09	15.13	15.40
Doncaster	Dep	14.15	..	14.43	15.06	15.11	15.15	..	15.43	..
Wakefield Westgate		14.32	15.01	15.32	16.01
Leeds	Arr	14.48	..	15.16	15.46	..	16.16	..
Leeds	Dep	15.53
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth		16s01
Harrogate		16.25
Selby	
Brough	
Hull	
York	Arr	14.52	15.30	15.32	15.53
York	Dep	..	14.55	15.35	..	15.56
Northallerton		15.55
Thornaby	
Middlesbrough	
Darlington	Arr	..	15.21	16.06	..	16.22
Darlington	Dep	15.23	16.09	16.24
Durham		16.26
Newcastle	Arr	15.49	16.39	16.50
Newcastle	Dep	..	15.52	16.42	..	16.58
Sunderland	
Morpeth		16.57
Alnmouth		17.12
Berwick-upon-Tweed		..	16.36	17.46
Dunbar	
Edinburgh	Arr	..	17.23	18.16	..	18.29
Edinburgh	Dep	18.35
Haymarket		18.40
Motherwell	
Glasgow Central	
Inverkeithing		18.55
Kirkcaldy		19.13
Leuchars		19.40
Dundee		19.57
Arbroath		20.15
Montrose		20.30
Stonehaven		20.53
Aberdeen		21.13
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		14.30	14.33	15.00	15.03	15.06	15.25	15.30	15.33	16.00
Stevenage		..	14.55	15.28	15.56	..
Peterborough	Arr	15.16	15.50	15.57	16.17
Peterborough	Dep	15.18	15.51	15.58	..	16.18
Grantham		15.41	16.17	16.42
Newark North Gate		15.46	16.30	..	16.46
Lincoln	
Retford		16.45
Doncaster	Arr	16.08	16.13	16.40	16.58	17.09	17.16
Doncaster	Dep	16.10	16.15	..	16.43	17.05	..	17.10	17.18	..
Wakefield Westgate		16.33	17.01	17.35
Leeds	Arr	..	16.51	..	17.16	17.49	..
Leeds	Dep	18.00
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth		18s08	..
Harrogate		18.31
Selby	
Brough	
Hull	
York	Arr	16.32	16.52	17.28	17.21	17.31	17.52
York	Dep	16.35	..	16.56	17.26	17.35	..	17.56
Northallerton		16.55	17.56
Thornaby		18.08
Middlesbrough		18.18
Darlington	Arr	17.06	..	17.24	18.08	..	18.22
Darlington	Dep	17.08	17.26	18.09	18.24
Durham		17.25	18.27
Newcastle	Arr	17.38	17.52	18.41	18.50
Newcastle	Dep	17.43	..	17.55	18.44	..	18.54
Sunderland	
Morpeth	
Alnmouth		19.11
Berwick-upon-Tweed		18.40	19.39
Dunbar	
Edinburgh	Arr	19.12	..	19.22	20.13	..	20.20
Edinburgh	Dep	19.27	20.19	20.34
Haymarket		19.33	20.24	..	20.39
Motherwell		21.02
Glasgow Central		21.26
Inverkeithing		20.54
Kirkcaldy		21.11
Leuchars		21.39
Dundee		21.54
Arbroath		22.12
Montrose		22.28
Stonehaven		22.52
Aberdeen		23.11
Falkirk Grahamston		19.56
Stirling		20.09
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		16.03	16.06	16.30	16.33	17.00	17.03	17.18	17.30	17.33
Stevenage		..	16.28	..	16.55	17.55
Peterborough	Arr	16.50	16.57	17.16	17.50	18.08	18.18
Peterborough	Dep	16.52	17.01	17.18	17.51	18.10	18.19	..
Grantham		17.21	17.42	18.30	18.42
Newark North Gate		..	17.36	17.46	18.44	18.48	..
Lincoln		18.02
Retford		18.05
Doncaster	Arr	17.39	18.10	18.18	18.40	19.08	19.15
Doncaster	Dep	17.41	..	18.12	18.21	..	18.43	19.11	..	19.16
Wakefield Westgate		18.01	18.38	19.02	19.36
Leeds	Arr	18.16	18.51	..	19.17	19.50
Leeds	Dep	18.59	20.00
Shipley		19s18
Keighley	
Skipton	
Bradford Forster Square		19.29
Horsforth		20s09
Harrogate		20.30
Selby		19.29
Brough		19.50
Hull		20.05
York	Arr	18.32	18.49	19.28
York	Dep	18.35	..	18.55	19.30	..
Northallerton		18.56
Thornaby	
Middlesbrough	
Darlington	Arr	19.09	..	19.24	19.58	..
Darlington	Dep	19.10	19.26	20.00
Durham		19.28	20.17	..
Newcastle	Arr	19.41	19.52	20.31
Newcastle	Dep	19.44	..	19.55	20.33	..
Sunderland	
Morpeth		20.00
Alnmouth		21.00
Berwick-upon-Tweed		20.40
Dunbar		21.42
Edinburgh	Arr	21.14	..	21.23	22.08	..
Edinburgh	Dep
Haymarket	
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
London King's Cross		17.48	18.00	18.03	18.18	18.30	18.33	19.00	19.03	19.06
Stevenage		18.55	19.28
Peterborough	Arr	18.35	18.50	19.08	19.16	19.49	19.58
Peterborough	Dep	18.38	..	18.55	19.10	19.18	19.52	20.00
Grantham		19.06	19.29	19.43	20.20
Newark North Gate		19.24	..	19.47	20.36
Lincoln		21.03
Retford		19.29	20.06
Doncaster	Arr	19.43	19.48	20.11	20.20	20.40
Doncaster	Dep	19.44	..	19.50	..	20.12	20.22	..	20.42	..
Wakefield Westgate		20.02	20.08	20.40	21.01
Leeds	Arr	20.17	..	20.21	20.54	..	21.16	..
Leeds	Dep	20.39	21.07
Shipley		21s18
Keighley		21s01
Skipton		21.19
Bradford Forster Square		21.29
Horsforth	
Harrogate	
Selby	
Brough	
Hull	
York	Arr	19.47	20.16	20.33	20.54
York	Dep	..	19.52	..	20.19	20.35	..	20.57
Northallerton		20.39
Thornaby	
Middlesbrough	
Darlington	Arr	..	20.20	..	20.51	21.04	..	21.25
Darlington	Dep	20.22	20.53	21.05	21.26
Durham		21.11	21.23
Newcastle	Arr	20.48	21.25	21.36	21.53
Newcastle	Dep	..	20.51	21.39	..	21.55
Sunderland	
Morpeth		21.55
Alnmouth		22.11
Berwick-upon-Tweed		..	21.36	22.39
Dunbar	
Edinburgh	Arr	..	22.19	23.16	..	23.25
Edinburgh	Dep
Haymarket	
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes								MThFO	TWO	FX
London King's Cross		19.30	19.30	19.33	20.00	20.03	20.33	21.00	21.00	21.33
Stevenage		19.55	20.55	21.22	21.22	21.56
Peterborough	Arr	20.16	20.16	20.50	21.25	21.51	21.51	22.25
Peterborough	Dep	20.18	20.18	20.52	21.26	21.53	21.53	22.28
Grantham		20.41	21.46	22.53
Newark North Gate		20.46	20.46	21.20	21.59	22.21	22.21	23.07
Lincoln	
Retford		23.24
Doncaster	Arr	21.09	21.09	21.13	21.43	22.22	22.44	22.44	23.37
Doncaster	Dep	21.11	21.11	21.14	..	21.45	22.24	22.49	22.49	23.39
Wakefield Westgate		21.32	22.06	22.41	23.57
Leeds	Arr	21.47	..	22.21	22.57	00.12
Leeds	Dep
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth	
Harrogate	
Selby	
Brough	
Hull	
York	Arr	21.31	21.31	21.48	23.10	23.11
York	Dep	21.34	21.34	..	21.53	23.13	23.23	..
Northallerton		21.54	21.54	23.47	23.44
Thornaby	
Middlesbrough	
Darlington	Arr	22.06	22.06	..	22.21	23.59	23.57	..
Darlington	Dep	22.08	22.08	22.23	00.01	23.58
Durham		22.26	22.26	..	22.41	00.19	00.16	..
Newcastle	Arr	22.41	22.41	22.54	00.48	00.45
Newcastle	Dep	..	22.41	..	23.00
Sunderland		23.23
Morpeth		..	22.57
Alnmouth		23.12
Berwick-upon-Tweed		..	23.36
Dunbar	
Edinburgh	Arr	..	00.18
Edinburgh	Dep
Haymarket	
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes		FO	MFO	TWO	ThO	MTFO	WThO	
London King's Cross		21.33	22.00	22.00	22.00	23.00	23.00	23.33
Stevenage		21.56
Peterborough	Arr	22.25	22.47	22.47	22.47	23s44	23s44	00s16
Peterborough	Dep	22.28	22.49	22.49	22.49
Grantham		22.48	23.09	23.14	23.14	00s12	00s14	00s45
Newark North Gate		23.02	23.23	23.27	23.27	00s25	00s26	00s58
Lincoln	
Retford		23.17
Doncaster	Arr	23.36	23.51	23.51	23.51	00s53	00s55	01s25
Doncaster	Dep	23.37	23.52	23.53	23.52
Wakefield Westgate		23.55
Leeds	Arr	00.11	02.37
Leeds	Dep
Shipley	
Keighley	
Skipton	
Bradford Forster Square	
Horsforth	
Harrogate	
Selby	
Brough	
Hull	
York	Arr	00.18	00.18	00.18	01.29	01.32
York	Dep	..	00.22	00.23	00.22
Northallerton		00s51	00s52	00s54
Thornaby	
Middlesbrough	
Darlington	Arr	..	01s04	01s05	01s07
Darlington	Dep
Durham		..	01s22	01s23	01s25
Newcastle	Arr	01.55	01.56	01.55
Newcastle	Dep
Sunderland	
Morpeth	
Alnmouth	
Berwick-upon-Tweed	
Dunbar	
Edinburgh	Arr
Edinburgh	Dep
Haymarket	
Motherwell	
Glasgow Central	
Inverkeithing	
Kirkcaldy	
Leuchars	
Dundee	
Arbroath	
Montrose	
Stonehaven	
Aberdeen	
Falkirk Grahamston	
Stirling	
Gleneagles	
Perth	
Pitlochry	
Kingussie	
Aviemore	
Inverness	

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central	
Motherwell	
Haymarket	
Edinburgh	Arr
Edinburgh	Dep
Dunbar	
Berwick-upon-Tweed	
Alnmouth	
Morpeth	
Sunderland		05.39
Newcastle	Arr	05.56
Newcastle	Dep	04.45	05.26	05.59
Durham		05.00	..	05.39	06.13
Darlington	Arr	05.16	05.57	06.31
Darlington	Dep	05.17	..	05.58	06.32
Middlesbrough	
Thornaby	
Northallerton		05.28	06.10
York	Arr	05.56	..	06.30	06.59
York	Dep	04.40	06.00	06.32	07.02
Hull	
Brough	
Selby	
Harrogate	
Horsforth	
Bradford Forster Square		06.30
Skipton	
Keighley	
Shipley		06u38	..
Leeds	Arr	06.52
Leeds	Dep	..	05.05	05.30	..	06.05	..	06.40	07.00	..
Wakefield Westgate		05.18	05.43	06.18	06.53	07.13
Doncaster	Arr	05.04	05.35	06.00	06.21	06.35	06.54	07.12
Doncaster	Dep	05.07	05.36	06.02	06.23	06.37	06.55	07.14
Retford		..	05.50	06.51
Lincoln	
Newark North Gate		05.36	06.06	06.26	06.46	07.06	..	07.38
Grantham		05.49	06.17	06.38	06.58	07.18	07.27
Peterborough	Arr	06.09	06.36	06.58	07.17	07.39	07.47	08.09
Peterborough	Dep	06.10	06.40	07.00	07.20	07.40	07.49	08.12
Stevenage	
London King's Cross		07.01	07.31	07.50	08.09	08.31	08.39	08.51	08.59	09.09

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central	
Motherwell	
Haymarket	
Edinburgh	Arr
Edinburgh	Dep	05.40
Dunbar	
Berwick-upon-Tweed		06.00
Alnmouth		06.22
Morpeth		06.38
Sunderland	
Newcastle	Arr	06.52	07.02
Newcastle	Dep	06.30	06.55	07.04
Durham		06.43	..	07.08
Darlington	Arr	07.01	07.26
Darlington	Dep	07.02	..	07.32
Middlesbrough		07.08
Thornaby		07.15	..
Northallerton		07.14
York	Arr	07.34	..	07.58	..	08.06	..
York	Dep	07.37	08.01	08.13
Hull		06.58
Brough		07.11
Selby		07.34
Harrogate		07.36
Horsforth		07u56
Bradford Forster Square	
Skipton		06.56
Keighley		07u08
Shipley		07u19
Leeds	Arr	07.33	08.06
Leeds	Dep	..	07.15	07.41	08.15
Wakefield Westgate		07.28	07.54	08.30
Doncaster	Arr	..	07.46	07.53	..	08.12	08.47
Doncaster	Dep	07.47	07.57	08.14	08.49
Retford		08.35
Lincoln		07.30
Newark North Gate		07.58	..	08.22	..	08.39
Grantham		08.19	08.33	09.22
Peterborough	Arr	08.27	08.43	09.07
Peterborough	Dep	08.28	08.44	09.08
Stevenage		08.58	09.05	10.08
London King's Cross		09.23	09.31	09.54	09.36	10.00	10.03	09.40	10.22	10.32

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling		..	05.26
Falkirk Grahamston		05.42
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central	
Motherwell	
Haymarket		..	06.14
Edinburgh	Arr	06.18
Edinburgh	Dep	05.48	06.24	06.56	07.30
Dunbar		06.11
Berwick-upon-Tweed		06.34	07.11	08.12
Alnmouth		06.56
Morpeth		07.12
Sunderland	
Newcastle	Arr	07.27	07.55	08.24	08.55
Newcastle	Dep	07.30	08.02	08.27	08.58
Durham		07.43	08.40
Darlington	Arr	08.01	08.29	08.58	09.26
Darlington	Dep	08.02	08.30	08.59	09.27
Middlesbrough	
Thornaby	
Northallerton		09.11
York	Arr	08.29	08.56	09.31	09.54
York	Dep	08.32	09.00	09.33	09.57	10.02
Hull	
Brough	
Selby	
Harrogate		09.36
Horsforth		09u55
Bradford Forster Square		08.43
Skipton	
Keighley	
Shipley		08u50
Leeds	Arr	09.06	10.07
Leeds	Dep	08.46	09.15	09.45	..	10.15
Wakefield Westgate		08.58	09.29	09.58	10.28
Doncaster	Arr	08.54	..	09.16	09.46	09.55	..	10.16	10.23	10.45
Doncaster	Dep	08.56	09.19	09.48	09.56	10.18	10.25	10.47
Retford		10.39	..
Lincoln	
Newark North Gate		09.20	10.20	10.55	..
Grantham		10.19	11.07	11.18
Peterborough	Arr	09.48	..	10.08	..	10.48	..	11.08	11.27	..
Peterborough	Dep	09.50	10.10	10.50	11.10	11.29
Stevenage		11.04	11.58	12.03
London King's Cross		10.40	10.52	11.01	11.31	11.39	11.49	11.59	12.22	12.30

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central		06.48
Motherwell		07.04
Haymarket		07.48
Edinburgh	Arr	07.52
Edinburgh	Dep	08.00	08.30	09.00	09.30
Dunbar	
Berwick-upon-Tweed		..	09.12	10.12
Alnmouth		09.01
Morpeth	
Sunderland	
Newcastle	Arr	09.27	09.56	10.24	10.55
Newcastle	Dep	09.30	09.58	10.27	10.58
Durham		09.43	10.40
Darlington	Arr	10.01	10.26	10.58	11.26
Darlington	Dep	10.02	10.28	11.00	11.28
Middlesbrough	
Thornaby	
Northallerton		11.11
York	Arr	10.29	10.55	11.30	11.54
York	Dep	10.32	10.57	11.33	11.58	12.02
Hull	
Brough	
Selby	
Harrogate	
Horsforth	
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr
Leeds	Dep	10.45	..	11.15	11.45	..
Wakefield Westgate		10.58	11.28	11.58
Doncaster	Arr	10.54	..	11.15	..	11.45	11.54	..	12.15	12.24
Doncaster	Dep	10.57	11.19	11.47	11.55	12.19	12.25
Retford		12.40
Lincoln		11.27
Newark North Gate		11.21	11.56	..	12.19	12.56
Grantham		12.08	12.18	13.08
Peterborough	Arr	11.48	..	12.07	12.29	..	12.45	..	13.08	13.29
Peterborough	Dep	11.50	12.10	12.30	12.47	13.09	13.30
Stevenage		13.00	13.05	14.00
London King's Cross		12.40	12.49	13.01	13.26	13.31	13.38	13.53	14.01	14.24

Notes										
Inverness		07.55
Aviemore		08.32
Kingussie		08.45	..
Pitlochry		09.28
Perth		09.58
Gleneagles		10.15	..
Stirling		10.34	..
Falkirk Grahamston		10.49
Aberdeen		07.52
Stonehaven		08.11
Montrose		08.33
Arbroath		08.50
Dundee		09.08
Leuchars		09.22
Kirkcaldy		09.47
Inverkeithing		10.03
Glasgow Central	
Motherwell	
Haymarket		10.20	11.17	..
Edinburgh	Arr	10.25	11.22
Edinburgh	Dep	..	10.00	10.30	11.00	11.30	..
Dunbar	
Berwick-upon-Tweed		11.12
Alnmouth		11.00
Morpeth	
Sunderland	
Newcastle	Arr	..	11.26	11.56	12.24	12.55	..
Newcastle	Dep	11.29	11.58	12.27	12.57
Durham		..	11.43	12.40
Darlington	Arr	12.01	12.26	12.58	13.24
Darlington	Dep	..	12.02	12.28	13.00	13.26	..
Middlesbrough	
Thornaby	
Northallerton		13.11
York	Arr	..	12.29	12.55	13.30	13.55	..
York	Dep	12.32	12.58	13.33	13.59
Hull	
Brough	
Selby	
Harrogate		11.36
Horsforth		11u55
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr	12.07
Leeds	Dep	12.15	12.45	..	13.15	13.45
Wakefield Westgate		12.28	12.58	13.28	13.58
Doncaster	Arr	12.45	12.54	..	13.16	..	13.45	13.54	..	14.16
Doncaster	Dep	12.47	12.57	13.19	13.47	13.56	14.19
Retford	
Lincoln		13.24
Newark North Gate		..	13.21	13.54	..	14.20
Grantham		13.18	14.06	14.18
Peterborough	Arr	..	13.48	..	14.08	14.27	..	14.46	..	15.08
Peterborough	Dep	13.50	14.10	14.29	14.48	15.10
Stevenage		14.05	14.59	15.05
London King's Cross		14.31	14.40	14.50	15.01	15.23	15.31	15.40	15.51	16.05

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen		09.52
Stonehaven		10.11
Montrose		10.33
Arbroath		10.50
Dundee		11.09
Leuchars		11.23
Kirkcaldy		11.48
Inverkeithing		12.05
Glasgow Central	
Motherwell	
Haymarket		12.21
Edinburgh	Arr	12.25
Edinburgh	Dep	12.00	12.30	13.00	13.30
Dunbar	
Berwick-upon-Tweed		13.13	14.13
Alnmouth		13.01
Morpeth	
Sunderland	
Newcastle	Arr	13.27	13.56	14.23	14.56
Newcastle	Dep	13.30	13.59	14.26	14.59
Durham		13.43	14.40	..
Darlington	Arr	14.01	14.27	14.58	15.26
Darlington	Dep	14.02	14.28	14.59	15.27
Middlesbrough	
Thornaby	
Northallerton		15.11
York	Arr	14.29	14.56	15.31	15.54
York	Dep	14.03	14.32	14.59	15.33	15.57
Hull	
Brough	
Selby	
Harrogate		13.36
Horsforth		..	13u55
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr	14.07
Leeds	Dep	..	14.15	14.45	..	15.15
Wakefield Westgate		14.28	14.58	15.28
Doncaster	Arr	14.24	14.45	14.54	..	15.16	..	15.45	15.55	..
Doncaster	Dep	14.27	14.47	14.56	15.19	15.47	15.57
Retford		14.43
Lincoln		15.27
Newark North Gate		14.57	..	15.20	15.54	..	16.21	..
Grantham		15.08	15.18	16.06	16.18
Peterborough	Arr	15.27	..	15.48	..	16.08	16.27	..	16.48	..
Peterborough	Dep	15.30	15.49	16.10	16.29	16.50
Stevenage		15.59	16.05	16.59	17.05
London King's Cross		16.22	16.31	16.41	16.48	17.03	17.23	17.32	17.39	17.51

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central	
Motherwell	
Haymarket	
Edinburgh	Arr
Edinburgh	Dep	14.00	14.30	15.00
Dunbar	
Berwick-upon-Tweed		15.12
Alnmouth		15.00
Morpeth		15.15
Sunderland	
Newcastle	Arr	15.30	15.56	16.23
Newcastle	Dep	15.32	15.59	16.26
Durham		15.46	16.39
Darlington	Arr	16.03	16.26	16.57
Darlington	Dep	16.05	16.28	16.58
Middlesbrough	
Thornaby	
Northallerton		17.10
York	Arr	16.31	16.56	17.30
York	Dep	16.03	16.34	16.58	17.32
Hull	
Brough	
Selby	
Harrogate		15.36
Horsforth		15u54
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr	16.07
Leeds	Dep	15.45	..	16.15	16.45	..	17.15	..
Wakefield Westgate		15.58	16.28	16.58	17.28
Doncaster	Arr	16.15	16.24	16.45	16.55	..	17.16	..	17.45	17.54
Doncaster	Dep	16.17	16.26	16.48	16.57	17.18	17.46	17.56
Retford		..	16.41	18.00	..
Lincoln		17.27
Newark North Gate		..	16.56	..	17.20	17.54	..	18.20
Grantham		17.08	17.19	18.06	18.21
Peterborough	Arr	17.08	17.28	..	17.49	..	18.07	18.27	..	18.47
Peterborough	Dep	17.10	17.30	17.50	18.09	18.29	18.49
Stevenage		..	17.59	18.05	18.59	19.06	..
London King's Cross		18.01	18.24	18.31	18.41	18.49	19.01	19.24	19.31	19.40

Notes										
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen	
Stonehaven	
Montrose	
Arbroath	
Dundee	
Leuchars	
Kirkcaldy	
Inverkeithing	
Glasgow Central	
Motherwell	
Haymarket	
Edinburgh	Arr
Edinburgh	Dep	15.30	16.00	16.30	17.00
Dunbar	
Berwick-upon-Tweed		16.12	17.12
Alnmouth		18.00
Morpeth	
Sunderland	
Newcastle	Arr	16.56	17.22	17.56	18.26
Newcastle	Dep	16.59	17.26	17.59	18.29
Durham		17.39	18.42
Darlington	Arr	17.27	17.57	18.27	18.59
Darlington	Dep	17.28	17.58	18.29	19.00
Middlesbrough	
Thornaby	
Northallerton		18.10
York	Arr	17.54	18.30	18.55	19.27
York	Dep	17.58	18.02	18.32	18.58	19.31
Hull	
Brough	
Selby	
Harrogate		17.36
Horsforth		17u55
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr	18.07
Leeds	Dep	..	17.45	..	18.15	18.45	19.16	..
Wakefield Westgate		17.58	18.28	18.58	19.29
Doncaster	Arr	..	18.16	18.24	18.45	18.54	..	19.16	19.46	19.52
Doncaster	Dep	18.19	18.25	18.48	18.55	19.19	19.48	19.53
Retford		18.40
Lincoln	
Newark North Gate		18.56	..	19.19	20.16
Grantham		19.08	19.19	20.20
Peterborough	Arr	..	19.08	19.29	..	19.47	..	20.08	..	20.43
Peterborough	Dep	19.10	19.30	19.48	20.10	20.45
Stevenage		20.00	20.05	20.18	20.30	..	21.06	21.16
London King's Cross		19.56	20.01	20.24	20.28	20.46	20.55	20.59	21.31	21.39

Notes					FX	FO		FX	FO	
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen		..	14.52
Stonehaven		15.11
Montrose		..	15.33
Arbroath		15.50
Dundee		..	16.08
Leuchars		16.22
Kirkcaldy		..	16.48
Inverkeithing		17.05
Glasgow Central	
Motherwell	
Haymarket		..	17.22
Edinburgh	Arr	17.26
Edinburgh	Dep	..	17.30	18.30	18.30	19.36
Dunbar		17.53	18.54	18.54
Berwick-upon-Tweed		..	18.16	19.20	19.20	20.19
Alnmouth		19.43	19.43	20.40
Morpeth		20.00	20.00	20.56
Sunderland	
Newcastle	Arr	..	19.00	20.14	20.14	21.10
Newcastle	Dep	19.02	20.17	20.17	21.15
Durham		20.30	20.30	21.29
Darlington	Arr	19.30	20.48	20.48	21.46
Darlington	Dep	..	19.32	20.49	20.49	21.48
Middlesbrough	
Thornaby	
Northallerton		22.00
York	Arr	..	19.59	21.16	21.16	22.20
York	Dep	20.01	21.19	21.19	22.25
Hull		20.29
Brough		20.43
Selby		21.05
Harrogate	
Horsforth	
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr
Leeds	Dep	19.45	20.45	20.45
Wakefield Westgate		19.58	20.58	20.58
Doncaster	Arr	20.16	20.23	..	21.16	21.16	21.23	21.40	21.40	22.46
Doncaster	Dep	20.17	20.27	21.17	21.17	21.42	21.42	22.50
Retford		21.32	21.32	23.05
Lincoln		20.25
Newark North Gate		20.51	22.06	22.06	23.20
Grantham		21.04	21.55	21.55	22.18	22.18	23.31
Peterborough	Arr	21.05	21.14	21.25	22.17	22.15	..	22.45	22.38	23.57
Peterborough	Dep	21.07	21.16	21.28	22.19	22.17	22.50	22.40	23.58
Stevenage		..	21.45	21.59	22.48	22.46	..	23.33	23.09	00s39
London King's Cross		22.00	22.09	22.24	23.19	23.10	00.03	23.33	01.15

Notes			
Inverness	
Aviemore	
Kingussie	
Pitlochry	
Perth	
Gleneagles	
Stirling	
Falkirk Grahamston	
Aberdeen		18.18	..
Stonehaven		18.37
Montrose		18.59	..
Arbroath		19.16
Dundee		19.34	..
Leuchars		19.48
Kirkcaldy		20.13	..
Inverkeithing		20.30
Glasgow Central	
Motherwell	
Haymarket		20.46	..
Edinburgh	Arr	20.50
Edinburgh	Dep	21.00	22.00
Dunbar		21.24	22.22
Berwick-upon-Tweed		21.52	22.47
Alnmouth		22.13	23.09
Morpeth		22.28	23.26
Sunderland	
Newcastle	Arr	22.42	23.54
Newcastle	Dep	22.45
Durham		22.59	..
Darlington	Arr	23.19
Darlington	Dep	23.20	..
Middlesbrough	
Thornaby	
Northallerton		23s45
York	Arr	00.14	..
York	Dep	00.19
Hull	
Brough	
Selby	
Harrogate	
Horsforth	
Bradford Forster Square	
Skipton	
Keighley	
Shipley	
Leeds	Arr	00.47
Leeds	Dep
Wakefield Westgate	
Doncaster	Arr
Doncaster	Dep
Retford	
Lincoln	
Newark North Gate	
Grantham	
Peterborough	Arr
Peterborough	Dep
Stevenage	
London King's Cross	

Notes

Arr	Arrival time
Dep	Departure time
u	Train only stops to pick passengers up
s	Train only stops for passengers to alight
MThFO	Runs on Monday, Thursday and Friday only
TWO	Runs on Tuesday and Wednesday only
FX	Runs Monday to Thursday only
FO	Runs on Friday only
MFO	Runs on Monday and Friday only
ThO	Runs on Thursday only
MTFO	Runs on Monday, Tuesday and Friday only
WThO	Runs on Wednesday and Thursday only

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<https://www.lner.co.uk/the-east-coast-experience/the-east-coast-standard/catering/>