

		NL											HC																						
London King's Cross	d						0848	0900	0903	0930	1000	1003	1007	1030	1100	1103	1122	1130	1200	1203	1222	1230	1233	1300	1303	1330	1333	1400	1403	1430	1500	1503	1530	1600	
Stevenage	d								0925							1125						1256		1325		1355						1525			
Peterborough	d								0955	1018		1051	1058	1118		1155		1218		1251	1310	1318		1355	1418	1426		1452	1518		1555	1618			
Grantham	d								1014				1117			1214	1224		1310			1342		1414		1451		1511		1614	1638				
Newark North Gate	d								1027				1130	1146		1227			1323			1346		1427				1524	1546		1627				
Lincoln Central	a											1207m							1402m												1716m				
Retford	d									1056								1256							1456	1520					1642				
Doncaster	d				0937				1052	1111		1143	1155	1210		1252		1311		1348	1359	1410	1420		1454	1511	1536		1550	1610		1658	1712		
Wakefield Westgate	a								1108				1211			1308			1404			1436		1510		1600		1606			1714				
Leeds	a								1124				1226			1324			1418			1452		1524		1616		1621			1728				
Leeds	d			0830																															
Shipley	a																																		
Bradford Forster Square	a								1206k			1306k			1406k				1506k					1606k				1706k			1810k				
Keighley	a																																		
Skipton	a																																		
Harrogate	a					1120y			1212k	1220y		1312k	1320y		1412k		1420y		1512k		1520y	1541k		1612k			1712k	1720y		1820y					
Selby	a																																		
Brough	a																																		
Hull	a								1214b						1258b		1414b					1514b				1550b		1641b		1714b			1814b		
York	a				0855	0957	1034	1046		1132	1147	1203		1231	1246		1312	1332	1347		1419	1431		1449		1532		1547		1631	1647		1733	1746	
York	d				0900	1000	1037	1050		1134	1154	1208		1235	1251		1315	1334	1350		1422	1433		1455		1534		1553		1633	1652		1735	1749	
Northallerton	a				0918			1138y				1238y		1253			1333				1452		1538y			1636y		1652	1738y			1838y			
Darlington	d				0936	1029	1106	1119		1203	1223	1239		1309	1320		1348	1403	1419		1451	1507		1524		1603		1622		1707	1721		1804	1818	
Durham	a				0952	1045	1122	1150f		1220		1255		1325		1405	1420	1450f		1507	1523		1550f		1620		1650f		1723	1750f		1821	1850f		
Newcastle	a				1007	1059	1137	1145		1234	1249	1310		1339	1346		1419	1434	1446		1521	1537		1551		1634		1648		1739	1747		1835	1845	
Newcastle	d		0845	0915	1012	1102	1140	1151		1238	1252	1315		1342	1349		1425	1440	1450				1544		1553		1638		1652		1743	1750		1838	1850
Sunderland	a										1351n									1551n				1651n							1851n		1951n		
Morpeth	a		0858		1025		1153									1438																			
Almouth	a		0914		1042				1303									1505							1703							1904			
Berwick-upon-Tweed	a		0938	0957	1106	1144		1233			1335		1431						1534				1636				1735				1833				
Dunbar	a		1002		1132				1346																										
Edinburgh Waverley	a		1026	1043	1156	1227	1306	1316		1416	1419	1436		1503	1514		1556	1607	1618				1706		1718		1806		1818		1906	1916		2007	2015
Edinburgh Waverley	d	0910										1433															1836								
Haymarket	a	0913										1436															1839								
Motherwell	a																																		
Glasgow Central	a			1147q		1347q		1415q			1515q	1547q			1620q									1818q				1915q			2015q		2115q		
Inverkeithing	a	0931									1453																	1854							
Kirkcaldy	a	0948									1510																	1911							
Leuchars	a	1013									1534																	1936							
Dundee	a	1027			1350e		1457e				1551			1658e									1857e				1950						2218e		
Arbroath	a	1045									1608																2008								
Montrose	a	1101									1624																2024								
Stonehaven	a	1124									1647																2047								
Aberdeen	a	1145			1506e						1706				1839e									2042e			2108							2339e	
Falkirk Grahamston	a																		1659																
Stirling	a																																		
Gleneagles	a																																		
Perth	a																																		
Pitlochry	a																																		
Kingussie	a																																		
Aviemore	a																																		
Inverness	a																																		

		A	A	B																													
London King's Cross	d	1605	1630	1630	1635	1700	1705	1722	1730	1735	1800	1803	1827	1830	1835	1900	1903	1906	1930	1935	2000	2005	2035	2100	2105	2135	2200	2205	2235				
Stevenage	d				1657					1757					1857			1928	1957			2057			2157								
Peterborough	d	1653	1718	1718			1753		1818		1848	1852					1951	2001	2018	2027	2048	2053	2127	2148	2153	2227	2248	2253	23e25				
Grantham	d	1712			1741			1825	1837	1843					1941			2022		2046			2146			2248		2312	23e46				
Newark North Gate	d	1725	1746	1746			1821	1838					1946				2019	2037	2048				2159		2221	2301	2325	23e58					
Lincoln Central	a		1820m	1820m								1957m	2019m				2101					2237m			2348m								
Retford	d				1804										2004							2132			2317								
Doncaster	d	1752	1810	1810	1821		1845	1905	1912	1916		1950		2010	2020		2044		2116	2121		2148	2224		2250	2337	2343	2354	00e28				
Wakefield Westgate	a	1808			1837		1903			1932		2006			2038		2102			2137		2205	2240		2308	2357							
Leeds	a	1824			1853		1919			1947		2021			2052		2117			2152		2219	2255		2324	0012			0131				
Leeds	d											2031			2100																		
Shipley	a																																
Bradford Forster Square	a	1906k					2007k					2106k					2208k					2307k											
Keighley	a														21s19																		
Skipton	a														2134																		
Harrogate	a	1912k	1920y	1920y	1941k		2012k			2041k		2055	2120y	2141k			2207y			2305k				2354k									
Selby	a							1922																									
Brough	a							1944																									
Hull	a	1851b					1941b	2000				2114b					2141b						2314b	2348b									
York	a		1832	1832		1847			1932		1954		2018	2032		2047				2137		2153			2257			0008	0017				
York	d		1835	1835	1850				1937		1959		2027	2036		2052				2139		2156			2302			0012					
Northallerton	a		1853	1853	1943y				2005y		2035y			2055		2138y			2221y		2228			2336			00e45						
Darlington	d		1909	1909	1919				2007		2028		2056	2110		2122				2220		2243			2350			00e59					
Durham	a		1925	1925	1936f				2023		2051f		2112	2126		2207f				2237		2300			0006			01s17					
Newcastle	a		1939	1939	1946				2038		2055		2126	2140		2150				2307		2330			0036			0148					
Newcastle	d		1942	1942	1951				2041		2100			2145		2152																	
Sunderland	a					2051n					2151n																						
Morpeth	a		1955	1955					2054							2206																	
Almouth	a								2110							2223																	
Berwick-upon-Tweed	a					2034					2143					2247																	
Dunbar	a		2049	2049												2311																	
Edinburgh Waverley	a		2112	2112	2117				2213		2225			2310		2336																	
Edinburgh Waverley	d		2130	2122																													
Haymarket	a		BUS	2125																													
Motherwell	a		2230	2204																													
Glasgow Central	a			2224					2315q		2347q		0017q																				
Inverkeithing	a																																
Kirkcaldy	a																																
Leuchars	a																																
Dundee	a											2359e																					
Arbroath	a																																
Montrose	a																																
Stonehaven	a																																
Aberdeen	a																																
Falkirk Grahamston	a																																
Stirling	a																																
Gleneagles	a																																
Perth	a																																
Pitlochry	a																																
Kingussie	a																																
Aviemore	a																																
Inverness	a																																

Complimentary First Class

You lucky lot have a delicious complimentary food and drinks menu to look forward to onboard.

For full details of our First Class offer, visit:
LNER.co.uk/first-class-menu

Enjoy!

Notes

Bold type denotes a direct train service **Light** type denotes a connecting train service

FS	The Flying Scotsman	HC	The Highland Chieftain
NL	The Northern Lights	WR	West Riding Limited

FO	Runs on Fridays only	FX	Runs Mondays to Thursdays
-----------	----------------------	-----------	---------------------------

* Also calls at Horsforth at 0752 (Monday to Friday) and 0754 (Saturdays) to pick up only

^ Also calls at Carrbridge 1011, Newtonmore 1037, Blair Atholl 1110, Dunkeld & Birnam 1138 and Dunblane 1228

a	Arrival time
b	Change at Doncaster
d	Departure time
e	Change at Edinburgh Waverley
f	Change at Darlington
k	Change at Leeds
m	Change at Newark North Gate
n	Change at Newcastle
p	Change at Peterborough
q	Change at Edinburgh Waverley arrives at or departs from Glasgow Queen Street
s	Train only stops to let passengers alight
u	Train only stops to pick passengers up
y	Change at York
A	until 9 September
B	from 16 September

BUS Rail replacement coach service

M In addition to the connecting rail services shown to and from Sunderland operated by Northern Rail, connections are also provided by Metro. These trains depart from and arrive at Newcastle Central Metro station located within Newcastle Central railway station. Metro trains run at frequent intervals with up to five trains an hour at peak times, journey time is approximately 30 minutes. For further information please ring 03457 48 49 50. Through tickets are available to most destinations.