

# DRINKS

## Hot Drinks

Oatly Barista Oat milk is available with hot drinks

### Coffee

(Decaf available on request)

Fairtrade, full roast, made on our route by Brodies in Edinburgh

### Tea

An ethically sourced breakfast tea, blended on our route by Brodies in Edinburgh

### Speciality Tea

Earl Grey, mint, green or decaf tea, all blended on our route by Brodies in Edinburgh

### Hot Chocolate

Fairtrade, by Cadbury

## Soft Drinks

### Harrogate Spring Water

Still or Sparkling, bottled on our route in Harrogate

**Orange Juice, Apple Juice | Pepsi, Pepsi Max  
R Whites Lemonade, Britvic Ginger Ale  
Britvic Tonic, Britvic Slimline Tonic**

## Alcohol

Served with the lunch/evening menu

### Hop on Board Ale

Made on our route exclusively for LNER by Rudgate Brewery in York

### Skinny Lager GF

Full flavour premium lager. At just 89 kcals a can this is 35% fewer calories than other premium lagers

### Masons Gin | Masons Vodka

Made on our route near Northallerton

### High Commissioner Whisky

Made on our route in Glasgow

### White Wine – Viura Blanco, Spain

White Rioja with a soft character and apple freshness

### Red Wine – Tempranillo Tinto, Spain

Juicy red fruit with an abundance of sweetness

### Rosé Wine – Tempranillo Rosado, Spain

Delicate aromas, mellow fruit and a dash of freshness

All drinks apart from hot chocolate are vegan friendly



## LNER 100 YEAR CELEBRATIONS

For a century, our passengers have enjoyed excellence in LNER's onboard catering. Our food and beverage teams have been working with celebrated local suppliers and talented chefs to create enticing menus since 1923 and, although the menu has changed a lot over the years as tastes have changed, one thing remains constant: We are always looking for new and exciting offerings to delight our customers' taste buds and ensure LNER is providing the very best in onboard food and drink.

In 2023, we're pleased to offer a luxury at-seat catering service in First Class. Just as they did a century ago, LNER's chefs carefully craft our dishes in our onboard kitchen. Our new menu includes vegan options, which are already proving very popular, and highlights the local provenance of our menu items. Our 100th anniversary menu also celebrates some of the iconic dishes from LNER's past, with modern interpretations of dishes served many years ago! We hope you enjoy the menu, and enjoy your journey.

V Suitable for vegetarians

VG Suitable for vegans (while these dishes do not contain any animal products they are produced in an environment where animal products are handled so there may be a risk of cross contamination)

GF Suitable for people intolerant to gluten

If you have a special diet that this menu doesn't accommodate, please ask if there's an alternative.

Customers who have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order, and they will signpost you to the most up to date information you require.

Whilst every effort is made to minimise cross-contamination, our products are manufactured, and our dishes are freshly prepared, in small kitchens that handle allergens, and our café bars and kitchens on train are busy places where allergens are present. We cannot, therefore, guarantee that any item on our menu is allergen or gluten free.



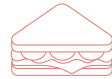
Scan this code to access our menu on your device and find detailed allergy information



LNER2068  
Summer  
2023



# BREAKFAST/BRUNCH



## **Bacon Roll GF\***

Yorkshire based Taste Tradition smoked bacon in a soft white roll, served hot with your choice of Heinz ketchup or brown sauce. 297 kcal  
(\*GF roll available, please ask your host)

## **Meatless Farm Sausage Sandwich V VG**

Delicately seasoned plant-based patty, served in a crusty roll. Made by Meatless Farm in Leeds.  
Served hot with your choice of Heinz ketchup or brown sauce. 310 kcal

## **Blueberry Overnight Oats V GF**

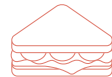
Gluten free oats mixed with natural yoghurt, blueberries & blackcurrant compote.  
Luxurious, creamy and a great source of protein.  
Made locally to the route by Crussh in London. 213 kcal

## **Fruity Yorkshire Flapjack V VG GF**

Vegan and gluten free raisin and sultana flapjack.  
Made on our route in Harrogate. 177 kcal

## **Fresh fruit**

A choice of apple or satsuma



Your host can advise which menu is being offered on this train.

# LUNCH/EVENING

## **Hog Roast Sausage Roll with Mango Ketchup**

Handcrafted sausage roll with tender 100% British pulled pork, apple, sage and onion, topped with crispy crackling crumb. Made near our route by The Original Baker in Malton, North Yorkshire.  
Served with a sunshiny mango ketchup made by The Fruity Kitchen in York. 579 kcal

## **Vegan Sausage Roll with Mango Ketchup V VG**

This delicious vegan sausagemeat filling has a great combination of taste and texture, and it's wrapped in a golden, fresh, flaky pastry. Made on our route by Meatless Farm in Leeds.  
Served with a sunshiny mango ketchup made by The Fruity Kitchen in York. 316 kcal

## **Coronation Chicken Brioche Roll**

Tender chicken mixed with creamy curried mayonnaise on a bed of fresh spinach leaves in a brioche roll studded with Nigella seeds. 399 kcal



## **Cheese & Pickle Stottie V**

Stotties originated in the north east of England – traditionally a flat and round loaf with an indent in the middle produced by the baker. These miniature versions are filled with mature cheddar cheese and a tangy, crunchy pickle. 451 kcal

## **Mezze Salad Bowl with Harrissa Houmous and Pink Pickled Onions V VG GF**

Mint and pomegranate quinoa, harissa houmous, pink pickled onions, beetroot and carrot on a bed of spinach and rocket. Made locally to the route by Crussh in London. 245 kcal



## TO FINISH

## **Apple Tart V**

The return of a classic! Sliced apple in sweet frangipane in a golden pastry case. Apple Flan was being offered on LNER trains 100 years ago so Beckleberry's created this tart as a modern equivalent. Made on our route in Newcastle by Beckleberry's. 396 kcal



## **Fresh fruit**

A choice of apple or satsuma

Please choose one item. A selection of snacks will also be offered by your host