

Customer and Community Investment Fund Schemes: 2020 – 2021

Mental Health

Charity	CCIF Scheme	Details of the issue and scheme	Regions
Samaritans	Community Outreach	We will support 13 Samaritan branches along the East Coast Mainline. This will help each branch to provide support to the community in each of these areas, by encouraging people to talk about their concerns and raise awareness of the work Samaritans do to support people in distress.	Grantham, Lincoln, Leeds, Perth, Falkirk and Central Scotland, Aberdeen, Central London, South West London, Redbridge, Northallerton & the Dales, Tyneside, York and Sunderland
Woodland Speaks	Mind Your Step	The project is designed around community-based delivery. The service will support mental resilience and stimulate social and economic engagement.	Doncaster
Carers First	Caring for the Mind	To deliver a holistic package of support for unpaid carers. To support vulnerable, unpaid carers with their mental health by ensuring they can access the right support at the right time.	Haringey, Waltham Forest and Newham
The York Stars	Life in Colour – a mental health and well-being project	A film will be create and and shown in schools. To generate conversations around mental health, offer guidance on how they can support their own (and others) mental health, and look at why there is a stigma around mental health.	York

sclarkproductions	OPENING UP	Set to a back drop of West End and Broadway musical songs; A theatrical piece that highlights the effects that mental health has on people, their surroundings, environment and their family and friends. It is a show that focusses on the audience being the listener and understanding the issues they face, making us question ourselves and how we deal with mental health.	York
Newark Emmaus Trust	Therapeutic Gardening for Wellbeing	To develop a mental health and wellbeing programme. That will allow homeless residents at Newark Emmaus Trust to take part in gardening projects as a means of getting them outdoors. Provide opportunities to offload issues in a calm none threatening environment, learn new skills and gain confidence while doing so.	Newark

Education

Charity	CCIF Scheme	Details of the issue and scheme	Regions
The Key UK	The Key to Skills & Confidence	'The Key to Skills & Confidence' will enable young people facing challenging circumstances to improve their self-confidence, build essential life skills and form a growth mindset.	North East
Seven Stories, The National Centre for Children's Book	On Board with Stories	A learning and wellbeing programme that uses books and story to help vulnerable young children build their happiness and resilience, understand themselves and others, and make sense of the world around them.	Newcastle

Employment

Charity	CCIF Scheme	Details of the issue and scheme	Regions
Bassetlaw Action Centre	Training Suite Upgrade	<p>The Bassetlaw Action Centre has a fully accessible training suite with 12 laptops, providing a range of IT courses, job searching and functional skills.</p> <p>The laptops are 10 years old with windows software that will no longer be supported by Microsoft at the end of 2019, and therefore will become obsolete. The funding would replace the laptops to enable the training courses to continue.</p>	Retford
MySight York	All Aboard	<p>This project will widen the level of support available to young people with sight loss, and their families. Sight loss is uniquely isolating, and this project enables parents of children with sight loss, to access a support network, resources, and activities in York. Which will ensure that skills are shared, and will also link into public services, as applicable to the individual's needs.</p>	York
Newcastle Cathedral Turst	The Lantern Initiative – Moving on Together	<p>The project will focus on homeless people, the marginalised and those with mental health issues.</p> <p>They will find, in the cathedral, a listening ear, practical support, a place to sit or sleep, access to toilets and a shower, information about partner organisations across the city, and the specific support they offer. When they are ready, they will be offered opportunities to volunteer in roles around the Cathedral which will help to improve their self-esteem and so move them on towards potential independence and employment.</p>	Newcastle

Diversity & Inclusion

Charity	CCIF Scheme	Details of the issue and scheme	Regions
B:friend	Eyup, duck!	No one should have no one. In Doncaster, around 6,000 over 65s living alone go weeks at a time without seeing or speaking to another person. This project will facilitate meaningful long-term friendships for isolated older neighbours.	Doncaster
Darlington Association on Disability	Positive Travel Project	The Positive Travel Project will support disabled people and carers of all ages to tackle the barriers they face in accessing transport and travel in a variety of ways. The project will offer a range of options including; individual travel training, group access to social and leisure opportunities for disabled people and their families, regardless of age or impairment and group participation to tackle issues affecting disabled people.	Darlington
York Pride	'Ask for Clive' York	The 'Ask for Clive' scheme aims to ensure a welcoming and safe environment in social venues through promoting an ethos of zero tolerance on discrimination, with a specific focus on supporting the LGBT+ community. York Pride will facilitate the delivery of the 'Ask for Clive' scheme across York.	York
Equals Arts	HenPower	HenPower engages older people in accessible creative activities and hen-keeping. It aims to improve older people's lives, by reducing social isolation, feelings of anxiety and depression, and in turn improving wellbeing and positivity in care settings. Creative activities and hen-keeping allow participants to come together in a creative and stimulating environment, forming a solid foundation for positive relationships to grow.	Newcastle

Kitchen for Everyone York (KEY)	Dentist Service	KEY provide meals and other services to the homeless and socially excluded in York. Which includes access to a mobile dentist as many clients are either unable to register for a dentist or are unable to afford treatment. We currently provide access to a dentist once every three months. This funding would increase the frequency to once every two months so that more individuals can access the service and also provide a shorter timescale for follow up treatment.	York
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Community

Charity	CCIF Scheme	Details of the issue and scheme	Region
Live Music Now, South East	Bringing Music to Life	Bringing Music to Life aims to offer a taste of the transformative power of music to older people unable to experience it for themselves. Which will deliver performances to older people, particularly those with dementia, in care homes, day centres and hospices. This would allow access to high-quality music for people who would otherwise have limited access to such experiences, promoting social inclusion and wellbeing through the benefits of musical activity.	London, Stevenage and Peterborough
Friends of North Lodge Park Community	Healthy Parks Healthy People	Grow Together Eat Together Holiday Programme - Families on low incomes find it difficult during school holiday periods to keep their children active and entertained whilst providing good quality nutritious food. We hope to help alleviate some of the strain felt by so many families during school holiday periods, by providing exciting, enjoyable, meaningful activities and provision of meals for children who might otherwise be completely disengaged.	Darlington

Black and Blue Charitable Company	Black and Blue	<p>Filling a need with those trying to flee domestic and honour-based violence, by working with safe houses, refuges and services trying to assist them, in staying safe.</p> <p>Building relationships with charities working with, (mostly) women and children who arrive often with nothing but the clothes they stand in. Making available much needed items such as new underwear, clothing, toiletries and baby equipment, is key to what we do. We also help safe houses and refuges with essential items to help them keep up and running, such as replacement bedding, towels and kitchen items.</p>	Full route
The Health and Wellness Hub	Empowering Communities Project	<p>This project will provide community health and wellbeing hubs either in person or virtually. These “hubs” will provide a means of addressing their health and wellbeing needs and concerns, and also assist in reducing the high levels of social isolation that exists in Motherwell.</p>	Motherwell
Think Children	Early Intervention for Children with Challenging Childhoods at risk of developing poor mental health	<p>Think Children will deliver support to disadvantaged children who are struggling to cope with adversity and trauma, but do not meet the threshold for overstretch statutory services. The grant will be spent on offering children emotional well-being sessions, working in the safe and familiar surroundings of their primary school.</p>	Newark