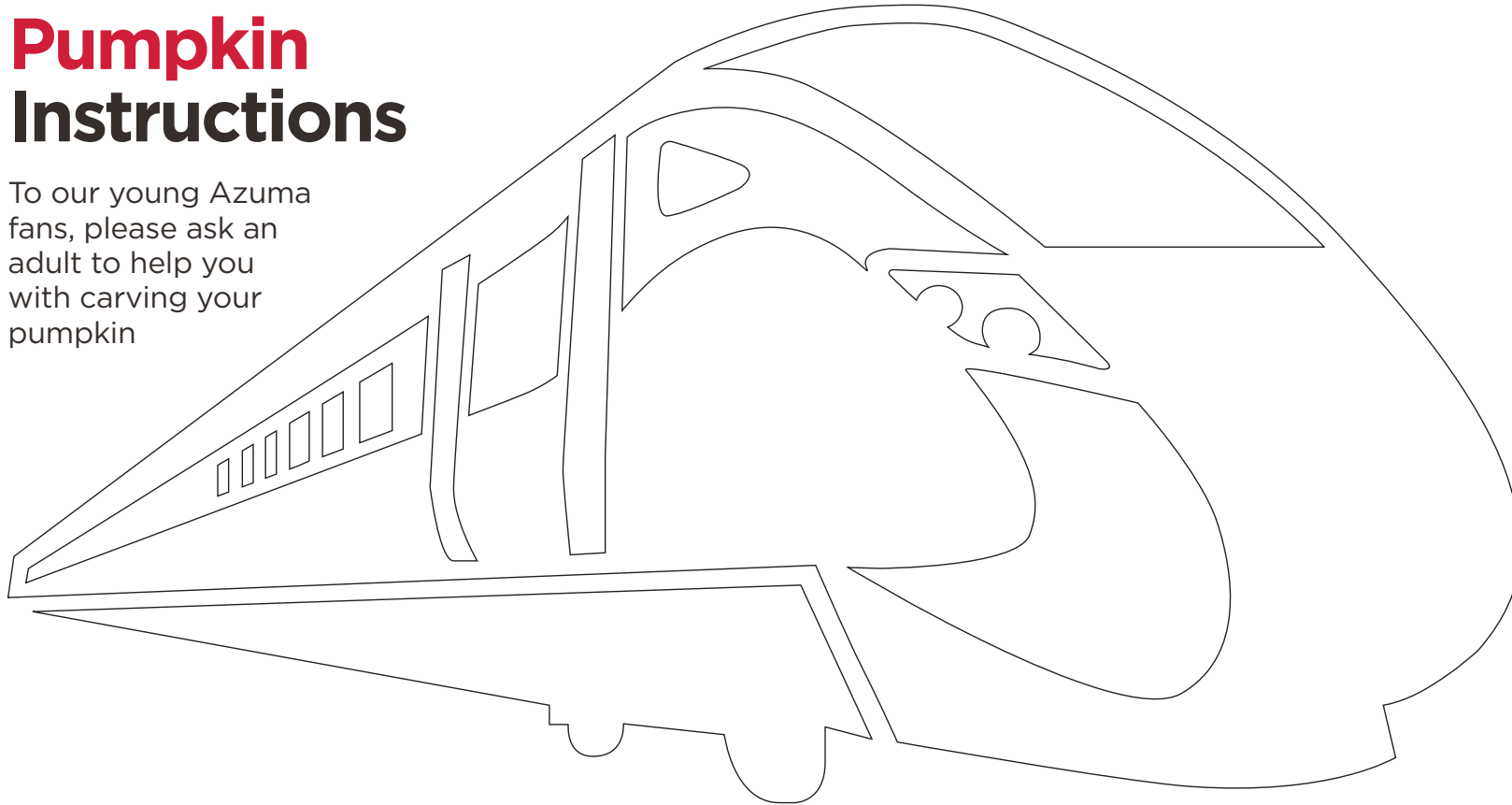


Azuma Halloween Pumpkin Instructions

To our young Azuma fans, please ask an adult to help you with carving your pumpkin



Materials:

- Pumpkin
- Printer
- Paper
- Spoon or pumpkin scoop
- Vegetable peeler or pumpkin scraper
- Pin or pumpkin poker
- Serrated knife or pumpkin saw

How to create your pumpkin:

- 1.** Cut a hole in the top for the lid. Make sure you angle the knife/saw inwards so your lid doesn't just fall through.
- 2.** Scoop out the seeds and flesh with the spoon/scoop.
- 3.** Scoop the flesh from the inside so your pumpkin is 2.5cm thick all the way around.
- 4.** Print out the pattern.
- 5.** Mark out the pattern with the pin/poker.
- 6.** Repeat everywhere you need to mark before you start scraping.
- 7.** Carefully, carve into the pumpkin deep enough to remove the skin, but not all the way through the pumpkin's skin.
- 8.** Scrape the skin until it's thin enough for the light to shine through, you can use a torch to test this.
- 9.** Once your pumpkin is all set, use a battery operated candle or tea light (safer than a candle).



Here's a few ideas for your pumpkin guts?

- Save the seeds and plant a pumpkin for next year.
- Feed the birds raw, dried pumpkin seeds
- Pumpkin seeds are full of minerals and vitamins for humans too. Give them a clean and roast them for a healthy snack or extra crunch to baked goods.
- You can also use the pumpkin flesh for Autumn favourites like: Pumpkin Risotto, Spiced Pumpkin cake, pie or even scones.

What to do with your pumpkin after Halloween?

- Compost your pumpkin and help your garden grow. You can check your local council website to find your nearest community compost drop off site, if you don't have a composting heap.
- Turn your pumpkin into a snack-o-lantern, fill it with seeds for the birds or ask an adult to help you dice it up to feed the squirrels, foxes, badgers and birds.

Azuma Halloween Colouring Sheet

